



MARCH 2026 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>***It's***</i> Scrambled Eggs & Toast 	3 <i>...NATIONAL...</i> Banana Split Parfait	4 <i>...SCHOOL...</i> Breakfast Bread	5 <i>...BREAKFAST...</i> Cinnamon Roll	6 <i>...WEEK...</i> Strawberry Banana Smoothie
<i>May also be served: Breakfast Sandwich, Cereal, WG Banana Bread, WG Donut, WG Muffin</i>				
2 (England)  Fish & Chips, Warm Pretzel, Cole Slaw, Apple Slices, Garden Bar, Choice of Milk	3 (Asia)  Orange Chicken, Not-So-Fried Rice, Mixed Veggies, Mandarin Cups, Garden Bar, Choice of Milk	4 (Mexico)  Breakfast Burrito, Churro, Black Beans, Mango, Garden Bar, Choice of Milk	5 (Italy)  Chicken Parmesan, Penne, Caesar Salad, Garden Bar, Choice of Milk	6 (Greece)  Domino's Pizza, Tzatziki & Hummus w/ Carrot Sticks & Pita Bread, Banana, Garden Bar, Choice of Milk
IT IS ALSO **WORLD ** LANGUAGE ** WEEK**				
9 Grilled Cheese, Tomato or Minestrone Soup, Mixed Fruit, Garden Bar, Choice of Milk	10 **NO SCHOOL** 	11 Ham & Cheese Croissant, Butternut Squash, Kiwi, Garden Bar, Choice of Milk	12 Chicken Pot Pie w/ Biscuit, Peach Sorbet, Garden Bar, Choice of Milk 	13 Domino's Pizza, Hummus w/ Red Pepper Strips, Chocolate Cream "Pi", Garden Bar, Choice of Milk
16 Mozzarella Sticks, Marinara Sauce, Green Beans, Pineapple Cups, Garden Bar, Choice of Milk 	17  Beef Nachos, Salsa, Guacamole, Fruit Icy, Garden Bar, Choice of Milk 	18 Pancakes, Yogurt Cup, Chicken Sausage, Baked Sweet Potato, Mango, Garden Bar, Choice of Milk	19 Pulled Pork, Mac & Cheese, Broccoli, Maple Cinnamon, Chickpeas, Oranges, Garden Bar, Choice of Milk 	20 Domino's Pizza, Cucumbers, Apple Sauce, Garden Bar, Choice of Milk 
23 Corn Dog, Peas, Mixed Fruit, Garden Bar, Choice of Milk 	24 BYO Chipotle Chicken Bowl, Rice, Cheese, Black Bean & Corn Salsa, Apples, Garden Bar, Choice of Milk	25 Breakfast Sandwich, Turkey Bacon, Tater Tots, Melon, Garden Bar, Choice of Milk	26 American Chop Suey, Chickpea Salad, Pears, Garden Bar, Choice of Milk	27  Domino's Pizza, Veggie Sticks, Fruit Cups, Garden Bar, Choice of Milk



30
 BBQ Chicken Flatbread,
 Broccoli Salad, Apple
 Slices, Garden Bar,
 Choice of Milk

31
 Turkey Tacos, Refried
 Beans, Clementines,
 Garden Bar,
 Choice of Milk



LUNCH PRICES:
Paid is \$3.90 Elementary / \$4.00 Middle School
Reduced is \$0.40 cents for all grade levels
Free is Free



DAILY OFFERINGS INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATES, YOGURT PLATES, ASSORTED SANDWICHES. A COMPLETE MEAL INCLUDES AN ENTRÉE, FRUIT, VEGGIE, AND CHOICE OF MILK. THIS MENU MEETS THE NUTRITIONAL GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM AS ESTABLISHED BY THE USDA. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. MENU SUBJECT TO CHANGE.

Reimbursable Meal: This is a complete meal in which five components (grains, meat/meat-alternative, fruit, vegetable, and a choice of milk) are offered and a student must take at least three of five offerings, one of which needs to be a fruit or a vegetable. Hooksett offers a garden bar filled with alternative choices of fruits and vegetables in addition to the ones that are on the day's menu.

A la Carte Entrée: This is the main entree of a complete meal, ex: Chicken patty on a bun, American Chop Suey, Ham & Cheese Croissant, Grilled Chicken Caesar Wrap, Pizza, etc.

A La Carte Items:	Prices
A La Carte Entree	2.75
Water	.50 for 8oz. 1.00 for 16.9oz
Milk	.50
Premium Water (middle school) 100 % fruit Snapple, plain seltzer and sport top large waters	1.50
Breakfast Entree	2.00
Whole Fruit	.75
Vegetable cups	.75
100 % Fruit Juice	.75
Snacks: whole grain, reduced-fat and -sodium chips, popcorn, sunflower seeds, whole grain and low-sugar pop tart, whole grain Goldfish & Cheez-Its, etc.	1.25
Roll	.50
Extra Dressings	.50
Cheese Stick (low-fat & low-sodium)	.75
Extra Sides (French fries, Caesar salad, etc.)	1.00
Cookie (whole grain reduced-fat & reduced-sodium)	1.25
Ice Cream (low-fat & low-sugar)	1.25
Ice Cream Premium (middle school)	1.25
Yogurt	.75

