



LUNCH

ALL MEALS ARE FREE THIS MONTH!

SEPTEMBER 2021 Hooksett School District

All meals include an entrée, fruit, veggie and a milk.

Monday

Tuesday

Wednesday

Thursday

Friday

NO
SCHOOL
TODAY

6

Burgers
(beef, veggie or cheese)
Steamed Corn
Oranges
Choice of Milk

7

Tacos
(Fish, Turkey or Chicken)
Shredded Lettuce & Tomato
Black Beans, Cupped
Peaches
Choice of Milk

8

French Toast Sticks
Chicken Sausage
Hash Brown Potato Patty
Strawberries
Choice of Milk

9

Personal Pan Pizza
Broccoli
Cupped Pears
Choice of Milk

10

Pizza Ravioli's w/ Marinara
Green Beans
Fruit Icy
Choice of Milk

13

Turkey BLT Sandwich
Sidewinder Fries
Applesauce Cups
Choice of Milk

14

Chicken Nuggets
Dinner Roll
Caesar Salad Side
Pineapple Cups
Choice of Milk

15

Ham & Cheese Croissant
Peas & Carrots
Banana
Choice of Milk

16

Sal's Cheese Pizza
Veggie Sticks & Hummus
Grapes
Choice of Milk

17

Hot Dog on a Bun
Baked Beans
Mandarin Oranges
Choice of Milk

20

Pulled Pork Nachos
Coleslaw
Apple Slices
Choice of Milk

21

Meatball Subs
Tossed Salad
Warm Cinnamon Pears
Choice of Milk

22

Chicken & Waffles
Breakfast Potatoes
Fruit Salad
Choice of Milk

23

Cheese Pizza
Corn
Oranges
Choice of Milk

24

Chicken Parm Kaiser
Sweet Peas
Mixed Fruit
Choice of Milk

27

Shepherd's Pie
California Medley Veggies
Fresh Strawberries
Choice of Milk

28

Mozzarella Sticks
w/ Marinara
Caesar Salad Side
Peaches
Choice of Milk

29

Egg, Sausage & Cheese
Waffle Flatbread
Baby Bakers
Grapes
Choice of Milk

30



OFFERED DAILY, ASSORTED SANDWICHES, MUNCHABLE PLATES AND SALAD PLATES!

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.
This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades.

