

FALL SPORT Guidelines 2020

	IF YOU FEEL ILL, STAY HOME!
General Precautions	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging, shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Cloth face coverings/masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	All parents will complete the COVID-19 screening questions and temperature check and submit those answers via PickUP Patrol by 7:00 am each day prior to getting on the school bus and attending school.
Masks	Cloth Face Covering/Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus by checking if the COVID-19 screening questions and temperature check was completed via PickUp Patrol before 7:00 am.
Event Travel	Buses will transport students to and from away events. Students will be required to wear cloth face coverings/masks while riding on the bus.
Pregame Conference/Meeting	Attendance at pregame conference limited to one coach and one player from each team along with one referee. Conference will be moved to center of the field.
Event Accommodations	per sport
Score table set up	per sport
Team Bench set up	per sport
Fans in Attendance	Immediate family only will be permitted to attend games.
	Family members will be required to wear cloth face coverings/masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Facility Alterations for Events	per sport

Athletics Return to Play Fall 2020

Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	per sport as much as possible.
Warm up balls/equipment	Each team will provide their own sport specific balls and other equipment for warm ups. Teams will not share balls for warm ups.
Game balls/equipment	Home team will provide the required number of game balls to be able to sanitize and rotate in balls as necessary.
Locker rooms/rest rooms - participants	There will be no access to the locker rooms. If a Cawley student needs to change for practice or games after school they will use the same school day protocol and hang their lanyard/pass outside the bathroom on the hook. No more than two athletes are allowed in the bathroom at the same time. Please be respectful and change as quickly as possible.
Rest rooms/spectators	Two port-a-potties will be available at events. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests. Spectators are required to wear cloth face covering/masks at all times.
Officials	per sport
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school. Teams will not have access to lockerrooms or the school building. There will be two porta potties available. If inclement weather occurs visiting students can get on their bus.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
What do kids do with equipment etc in morning when arriving to school?	Encourage the use of cloth face coverings/masks, social distancing, and good hygiene for all household members.
	The students will leave their equipment in their homeroom.

Athletics Return to Play Fall 2020

CROSS COUNTRY Guidelines 2020

	IF YOU FEEL ILL, STAY HOME!
General Precautions	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	All parents will complete the COVID-19 screening questions and temperature check and submit those answers via PickUP Patrol by 7:00 am each day prior to getting on the school bus and attending school.
Masks	Cloth Face Covering/Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Event personnel required (and duties)	Meet Director: ensure the separation of students on the start line, walk throughs, and warmups. Ensure that fans are not congregating.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus by checking if the COVID-19 screening questions and temperature check was completed via PickUp Patrol before 7:00 am.
Event Travel	Buses will transport students to and from away events. Students will be required to wear cloth face coverings/masks while riding on the bus.
Pregame Conference/Meeting	Instructions at the start line will be done in a manner to allow for social distancing.
Event Accommodations	Reduce the number of teams attending events to reduce the number of students and spectators in one location.
Score table set up	Results table will be set up to allow for minimum 6 feet of distance between officials, coaches, participants, etc.
Team Bench set up	Team areas/tents should be setup and conducted to allow for 6 feet of distancing between participants and spectators. Anyone in the bench or tent area will be required to wear cloth face coverings/masks.
Fans in Attendance	Immediate family only will be permitted to attend events.
	Family members will be required to wear cloth face coverings/masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Meet Times	To be determined by Athletic Director.

Athletics Return to Play Fall 2020

Facility Alterations for Events	More space to allow for social distancing. Staggared start line.
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or meet. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Stop watches and all timing equipment should be sanitized before and after each use. Timers' hand shall be sanitized before and after handling any timing equipment.
Warm up balls/equipment	n/a
Locker rooms/rest rooms - participants	There will be no access to the locker rooms. If a Cawley student needs to change for practice or games after school they will use the same school day protocol and hang their lanyard/pass outside the bathroom on the hook. No more than two athletes are allowed in the bathroom at the same time. Please be respectful and change as quickly as possible.
Rest rooms/spectators	Two port-a-potties will be available at events. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests. Spectators are required to wear cloth face covering/masks at all times.
Officials	Officials should arrive to meets dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers. Use of cloth face covering/masks and electronic whistles are permitted.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school. Teams will not have access to lockerrooms or the school building. There will be two port-a-potties available. If inclement weather occurs visiting students can get on their bus.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
What do kids do with equipment etc in morning when arriving to school?	Encourage the use of cloth face coverings/masks, social distancing, and good hygiene for all household members.
What do kids do with equipment etc in morning when arriving to school?	The students will leave their equipment in their homeroom.

FIELD HOCKEY Guidelines 2020

	IF YOU FEEL ILL, STAY HOME!
General Precautions	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	All parents will complete the COVID-19 screening questions and temperature check and submit those answers via PickUP Patrol by 7:00 am each day prior to getting on the school bus and attending school.
Masks	Cloth Face Covering/Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus by checking if the COVID-19 screening questions and temperature check was completed via PickUp Patrol before 7:00 am.
Event Travel	Buses will transport students to away events. Students will be required to wear cloth face coverings/masks while riding on the bus.
Pregame Conference/Meeting	Attendance at pregame conference limited to one coach and one player from each team along with one referee. Conference will be moved to center of the field.
Score table set up	Only the game director, official scoreboard operator/timer and the home team book will be permitted at the score table.
Team Bench set up	Team benches/areas are to be arranged in a manner that promotes social distancing. All members of a team on the sideline will observe 6 feet of social distancing. Team members and coaches are required to wear cloth face coverings/masks when not able to maintain a minimum of 6 foot distance.
Fans in Attendance	Immediate family only will be permitted to attend games.
	Family members will be required to wear cloth face coverings/masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Game Times	To Be Determined by Athletic Director
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.

Athletics Return to Play Fall 2020

Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Team equipment shall be sanitized after each practice and game.
Warm up balls/equipment	Each team will provide their own sport specific balls and other equipment for warm ups. Teams will not share field hockey balls for warm ups.
Game balls/equipment	Home team will provide the required number of game balls to be able to sanitize and rotate in balls as necessary. Players, coaches, and officials should handle the field hockey balls with their sticks and feet and not with their hands.
Locker rooms/rest rooms - participants	There will be no access to the locker rooms. If a Cawley student needs to change for practice or games after school they will use the same school day protocol and hang their lanyard/pass outside the bathroom on the hook. No more than two athletes are allowed in the bathroom at the same time. Please be respectful and change as quickly as possible.
Rest rooms/spectators	Two port-a-potties will be available at events. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests. Spectators are required to wear cloth face covering/masks at all times.
Officials	Officials should arrive to meets dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers. Officials should not touch the field hockey balls with their hands. Use of cloth face masks/coverings and electronic whistles are permitted.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school. Teams will not have access to lockerrooms or the school building. There will be two port-a-potties available. If inclement weather occurs visiting students can get on their bus..
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of cloth face coverings/masks, social distancing, and good hygiene for all household members.
What do kids do with equipment etc in morning when arriving to school?	The students will leave their equipment in their homeroom.

SOCCER Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
Daily Screening	All parents will complete the COVID-19 screening questions and temperature check and submit those answers via PickUP Patrol by 7:00 am each day prior to getting on the school bus and attending school.
Masks	Cloth face coverings/masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus or car with their own parent. Any student not cleared prior to leaving will not be permitted to travel NOT play in that day's event.
Event Travel	Buses will transport students to away events. Students will be required to wear cloth face coverings/masks while riding on the bus.
Pregame Conference/Meeting	Attendance at pregame conference limited to one coach and one player from each team along with one referee. Conference will be moved to center of the field.
Event Accommodations	Substitutions: if multiple subs are coming in at the same time, only one should report to the center line and maintain social distancing. When the referee signals for the sub to enter the field, that sub along with others directly from the bench area may enter the field.
	Gloves are permitted.
	Mouthguard requirement is suspended for the 2020 season only. Coaches are asked to remind student-athletes who wear mouthguards to leave them in as much as possible to protect their safety and that of others.
Team Bench set up	Team benches/areas are to be arranged in a manner that promotes social distancing. All members of a team on the sideline will observe 6 feet of social distancing. Team members and coaches are required to wear cloth face coverings/masks when not able to maintain a minimum of 6 foot distance.
Fans in Attendance	Immediate family only will be permitted to attend games.
	Family members will be required to wear cloth face coverings/masks while at school athletic events and must maintain a minimum 6 foot separate from other families.

Athletics Return to Play Fall 2020

Facility Alterations for Events	More space to allow for social distancing.
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices .
Equipment Sanitization/Cleaning	Several game balls will be in play at all times. Ball handlers should wear gloves and game balls will be sanitized at the conclusion of each match.
Warm up balls/equipment	Each team will provide their own sport specific balls and other equipment for warm ups. Teams will not share balls for warm ups.
Game balls/equipment	Home team will provide the required number of game balls to be able to sanitize and rotate in balls as necessary.
Locker rooms/rest rooms - participants	There will be no access to the locker rooms. If a Cawley student needs to change for practice or games after school they will use the same school day protocol and hang their lanyard/pass outside the bathroom on the hook. No more than two athletes are allowed in the bathroom at the same time. Please be respectful and change as quickly as possible.
Rest rooms/spectators	Two port-a-potties will be available at events. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests. Spectators are required to wear cloth face covering/masks at all times.
Officials	Officials should arrive to meets dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers. Officials should not touch the soccer balls with their hands. Use of cloth face coverings/masks and electronic whistles are permitted.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school. Teams will not have access to lockerrooms or the school building. There will be two port-a-potties available. If inclement weather occurs visiting students can get on their bus.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
what do kids do with equipment etc in morning when arriving to school?	Encourage the use of cloth face coverings/masks, social distancing, and good hygiene for all household members.
	The students will leave their equipment in their homeroom.